

# **Employment & Settlement Support**

The YMCA-YWCA of the National Capital Region offers Newcomers individualized employment and newcomer services to help them settle into their new environment.

The City of Ottawa provides useful information to help newcomers settle in the city.

**World Skills Employment Centre** helps newcomers to prepare for employment by providing job search support, workplace language training, and access to job opportunities.

Ottawa Community Immigrant Services Organization (OCISO) provides various mentorship programs where newcomers will be matched with professional mentors in their field.

**Services for newcomers and refugee's database** contains settlement agencies in Canada for newcomers. Type "Ottawa" in the search table to find the settlement agencies in this city.



### **Education**

**The City of Ottawa** provides a full description of the education system in Ottawa including the elementary and secondary schools as well as colleges and universities.

Ottawa-Carleton District School Board provides education and support services including elementary school education, secondary school education and language instruction for newcomers to Canada.

The Ottawa Catholic School Board gives education to children in kindergarten all the way through high school that is grounded with Catholic based teachings.



Ottawa Public Health provides a list of different health centers and resources, as well as step by step instruction on how to find a doctor and hospital that best suits your needs.

**The Ottawa Hospital** is separated into General Campus, Civic Campus and Riverside Campus. These three locations have a wide assortment of department and health services.

**CHEO** is a large Children's Hospital specializing in all aspects of child healthcare.

**Champlain Health Line** provides a list of walk-in-clinics for situations where you need immediate care without prior appointment.

## **Transportation**

**OC Transpo** has a comprehensive public transit system with a fleet of buses and accessibility options for those with mobility related (dis)abilities. There is also a wide variety of payment options from monthly passes to loadable cash cards.

Ontario By Bike provides detailed information on how to enjoy safe cycling in Ottawa.

**Go Biking** provides a description of various bike trails and pathways in Ottawa.

#### Language

English and French are the most commonly used official languages in Ottawa. To improve your English or French language, you can book an appointment with YMCA Language Assessment and Referral Center to get your language assessed and start your language courses.

#### **Fun Activities**

If you enjoy history, there are many museums for you to visit! If you love shopping, check out various shopping centers, farmer's markets and more! If you are looking for something to do with family and friends, there are many recreational activities and parks in Ottawa! To explore various attractions in Ottawa, visit the Ottawa Tourism website.



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